



Safe Medication Disposal

Prescription medication plays an important role in treating certain conditions. Unused or expired medications should be properly disposed of to avoid harm. For example, pain medication (opioids) can be very effective for treating pain, but prolonged use or misuse can lead to addiction, accidental poisoning or overdose.



Of older adults (ages 57 to 85 years) use at least one prescription medication daily1



Americans aged 12 or older misuse prescriptions in a year¹



Of teens report misusing prescription medications because they can access them from their parent's medicine cabinets1

Proper disposal of unused medications saves lives.

BUENA VISTA COUNTY

Safe Home Disposal

Medication disposal packets are available at your local pharmacy to support safe disposal of unused medications at home. Scan the QR codes for instructional videos.

DisposeRx ®

- 1) Remove prescription label, open bottle and fill 2/3 with water.
- 2) Empty packet of DisposeRx® into the bottle, replace cap.
- 3) Shake for 30 seconds then throw bottle in trash.

https://disposers

Deterra ® Drug Deactivation System

- 1) Pour medication in Deterra ® pouch and fill 1/2 with water.
- 2) Wait 30 seconds, seal, shake and dispose in trash.



https://deterrasystem.com/resources/videos/ (Link)

Drop-Off Locations

You can safely dispose of unused or expired medications locally at one of the permanent drug disposal drop-off locations below.

+ Buena Vista County **Sheriff's Office**

> 411 Expansion Blvd Storm Lake, IA 50588 712-749-2530

+ Hy-Vee Bedels Pharmacy #1634

> 409 W 5th St Storm Lake, IA 50588 719-732-4819

 Hy-Vee Pharmacy 1250 N Lake Ave

Storm Lake, IA 50588 712-732-1364